
- EVENING MENU -

If you or any of your group have an allergy or intolerance, please notify a member of our team when ordering your food.
v-vegetarian//ve-vegan//gf-glutenfree//gfa-gluten free available//vea-vegan available (n) - contains nuts

Aperitif

Folc - Pink English Sparkling Wine

£12.00 125ml

To Share

Mixed olives - £5 (v,ve,gf)

Crusty warm bread, butter, olive oil, balsamic, hummus - £6 (v,gfa)

Garlic ciabatta bread - £5.50 (v)

Starters & small plates

Soup of the day, crusty warm bread and butter - £8.50 (v, gfa)

Breaded whitebait, garlic aioli, dressed leaf salad - £9.50

Smoked salmon, spring onion and potato scone, watercress and radish salad,

lemon and dill creme fraiche - £10.50 (gfa)

Fattoush salad, cherry tomatoes, pomegranate seeds, cucumber, radish, avocado, sumac croutons - £10 (v,ve,gfa)

Buratta, Italian grilled vegetables, herb dressing, toasted pine nuts - £11 (gf,v)

Chicken, pork, apricot and hazelnut terrine wrapped in prosciutto, watercress aioli, toasted sourdough,
dressed frisee - £10.50 (gfa)

Main Dishes

Whole grilled South Coast Plaice, sauté samphire, new potatoes, dill, caper and lemon butter - £25 (gf)

Marinated slow cooked pork belly, spring onion mash,

lychee and ginger puree, sugar snap peas, 5 spice jus - £24 (gf)

Chickpea and tomato ragout filled peppers, parmesan, sweet potato,

balsamic dressed rocket, herb oil - £18 (vea, gfa)

Fish and chips, Haddock battered in our own beer batter, chunky chips, mushy peas and tartar sauce - £20

Beef burger, baby gem, house relish & burger sauce in a toasted sesame brioche bun, French fries - £17

Add cheddar, bacon or blue cheese £1 each

Chicken and mushroom pie, chunky chips, fresh seasonal vegetables, gravy - £20

Rigatoni pasta, roasted Mediterranean vegetables, sun dried tomatoes, watercress, spinach and cashew pesto,

crumbled rosary goats cheese - £19 (v, vea)

Steaks

28 day dry aged 6oz Sirloin £25 (gfa) or

8oz Rib-eye steak £30 (gfa)

Both served with fries and a choice of either;

Mixed House salad or

Field mushroom, roasted plum tomatoes, watercress

Add a blue cheese or peppercorn sauce for £2

Side Orders

- French Fries / Chunky Chips S £4 / L £6 - New Potatoes / Mixed Leaf Salad / Seasonal Vegetables £5 -

*A discretionary 12.5% service charge will be added to tables of 6 and above



THE PLOUGH
ITCHEN ABBAS