

Sunday Lunch -

If you or any of your group have an allergy or intolerance then please notify a member of our team when ordering your food.
v-vegetarian//ve-vegan//gf-glutenfree//gfa-gluten free available (n) contains nuts

To Share

Mixed olives - £5 (v,ve,gf)
Crusty warm bread, butter, olive oil, balsamic, hummus - £7 (v,gfa)
Garlic ciabatta bread - £6 (v)

Starters

Soup of the day, crusty warm bread and butter - £8.50 (v, gfa)
Breaded whitebait, garlic aioli, dressed leaf salad - £9.50
Smoked salmon, fennel ceviche, Alresford watercress, toasted granary bread - £10.50 (gfa)
Roasted beetroot, feta, red onion, tomato & rocket salad, mint yogurt dressing - £9.50 (gf)
Mexican seasoned corn ribs, chipotle mayonnaise, lime - £9.50 (v)
Grilled asparagus, crispy prosciutto ham, poached egg, hollandaise sauce, Hampshire watercress - £11.50 (gf)

Sunday Roasts

Choose from either

Dry aged roast rump of beef - £22
Roast loin of pork, garlic & herb stuffing, crackling - £22

All served with Yorkshire pudding, roast potatoes, roasted carrot,
garlic, truffle oil and parmesan roasted cauliflower, buttered greens, gravy

Main Dishes

Rigatoni pasta, roasted Mediterranean vegetables, sun dried tomatoes, watercress, spinach and cashew pesto,
crumbled rosary goats cheese - £19 (v, vea)

Fish and chips, cod battered in our own beer batter, chunky chips, mushy peas and tartar sauce - £20

Beef burger, baby gem, house relish & burger sauce in a toasted sesame brioche bun, French fries - £17
Add cheddar, bacon or blue cheese £1 each

Whole grilled South Coast Plaice, sauté samphire, new potatoes, dill, caper and lemon butter - £25 (gf)

Chickpea and tomato ragout filled peppers, parmesan, sweet potato,
balsamic dressed rocket, herb oil - £18 (vea, gfa)

28 day dry aged 6oz Sirloin £25 served with fries and a choice of either;
Mixed House salad or Field mushroom, roasted plum tomatoes, watercress (gfa)

Add a blue cheese or peppercorn sauce for £2

Side Orders

French Fries / Chunky Chips S £4 / L £6
- New Potatoes / Mixed Leaf Salad / Seasonal Vegetables £5

*A discretionary 12.5% service charge will be added to tables of 6 and above



THE
PLOUGH
ITCHEN ABBAS